

News Briefs


Commissary closure
The Columbus Commissary will close for a complete store reset Monday and Tuesday, and reopen at 10 a.m. Wednesday with a new look. Shoppers can view the updated store floor plan at www.commissaries.com.

14th SFS CoC
Maj. Shannon Smith will relinquish command of the 14th Security Forces Squadron to Maj. Russell Stilling at 9 a.m. Monday at the Columbus Club.

Daily Grind closed weekends
Effective Monday, the Daily Grind will be open from 6 a.m. to 6 p.m. weekdays only and closed Saturday, Sunday and holidays.

Quarterly awards luncheon
The 14th Flying Training Wing quarterly awards luncheon is at 11:30 a.m. Thursday at the Columbus Club. Cost is \$7 for members and \$9 for nonmembers. The menu is backyard barbecue. To sign up, contact a group representative: 14th Operations Group, Master Sgt. Butch Madaj at Ext. 2767 or Master Sgt. Lonnie Drusch at Ext. 2019; 14th Medical Group, Master Sgt. John Calhoun at Ext. 2167; 14th Mission Support Group: Master Sgt. Anthony McClendon at Ext. 2041 or Master Sgt. Brandon Enea at Ext. 7120; and Wing Staff Agencies, Master Sgt. Rob Montet at Ext. 2727 or Master Sgt. Lisa Atkinson at Ext. 7075.

Inside



FEATURE 10

SUPT Class 06-12 graduates at 9 a.m. during a ceremony at the Columbus Club.



Senior Airman Cecilia Rodriguez
Recycling center employees Bradley Harris, Felix Davis and JR Fiske sort through plastic at the recycling center Monday. In 2005, the center recycled more than 1,520 tons and composted 32 tons of material.

CAFB earns state recycling award

The Mississippi Recycling Coalition recently named Columbus AFB as the Federal Government Recycler of the Year for the third consecutive year, acknowledging the base's continued excellence in promoting both installation-wide and community awareness for recycling initiatives and programs.

"The Columbus AFB Quality Recycling Program continues to lead all federal facilities throughout the state, and also has the reputation of leading the way for source reduction and innovation throughout the south-east," said Bo Shelton, Chief of Environmental Quality. "The working relationship and attitude of base and environmental personnel ensure program success. This award is indicative of the combined efforts of the entire BLAZE Team."

Base personnel promote recycling and research new technology and avenues to reduce Columbus AFB's solid waste every day.

A prime example is the recent Earth Day and Arbor Day celebration, attended by more than 300 local

Proud promotees



Kenn Brown

The 14th Flying Training Wing congratulates the July enlisted promotees. Pictured are: (front row) to airman: Blake Sherrill, 14th Mission Support Squadron; to staff sergeant: Mary Evelyn Baxter, 14th Comptroller Squadron; to airman: Jonathan Baskerville, 14th Communications Squadron; (back row) to senior airman: Christopher Hagood, 14th Operations Support Squadron; Alfred Rubio, 14th Civil Engineer Squadron; Jared Ulmer, 14th CS; and Shane Vaughn, 50th Flying Training Squadron. Not pictured are: to airman first class: Regenoild Rash, 14th Security Forces Squadron; to staff sergeant: Nicole Paille, 14th Medical Operations Squadron; to technical sergeant: Samuel Mullins, 332nd Recruiting Squadron.

CMSD conducts on-base registration Mon.

Senior Airman Cecilia Rodriguez
14th Flying Training Wing

base housing residency upon registering. If new to the district, they must also bring a Mississippi Immunization Compliance Form (from the 14th Medical Group), a certified birth certificate and previous school records.

Children in kindergarten through fourth grades must have participated in the lottery and have an assigned seat.

"The on-base registration is a special service for Columbus AFB personnel and is more convenient than visiting the individual schools to register," said Larry Brooks, school liaison officer. "All children must be registered to attend the Columbus Municipal School District, even if they attended last year."

Families must have one proof of on-base housing residency upon registering. If new to the district, they must also bring a Mississippi Immunization Compliance Form (from the 14th Medical Group), a certified birth certificate and previous school records.

Children in kindergarten through fourth grades must complete their lottery choice information at the school district office before the on-base registration Monday. The district office, Brandon Central Services Center, is located at 2630 McArthur Drive (next to K-Mart).

Children in fifth through twelfth grades must be new students or previously enrolled in the CMSD.

New students in seventh through twelfth grades must visit their gaining school upon arrival to Columbus to select a course schedule prior to registering, if possible. Parents and students who need a class schedule must visit the individual school for information.

The Education Services Center has a limited quantity of city schools information packages for pick up to help prepare for registration on Monday. The information is also located at www.columbusci.tyschools.org.

For more information, call the Columbus Municipal School District at 241-7400, or Mr. Brooks at Ext. 2562.

Mosquito management

BLAZE Team members can rest well at night knowing the 14th Medical Group and 14th Civil Engineer Squadron Pest Control are actively doing all that can be done to protect their families from mosquito-borne diseases.

Weekly surveillance allows Public Health to identify the multitude of mosquitoes on base. In 2005, Columbus AFB submitted more than 9,000 mosquitoes and identified more than 27 species,

which is more than any other base in the United States.

When the number of captured mosquitoes exceeds a pre-determined threshold, entomology provides ultra low volume spraying to help eliminate the nuisance. They also use biological controls to prevent the larva from developing into adults. The Columbus intranet provides detailed information on the numbers and species captured on base and is updated weekly at https://columbusweb/mdg/PH_Entomology/Columbus_AFB_Mosquitoes.htm. (Courtesy of the 14th Medical Operations Squadron)

SILVER WINGS

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Submission Deadline

The deadline for submitting copy for next week's SILVER WINGS is noon Monday. Articles may be dropped off at the public affairs office or e-mailed.

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The SILVER WINGS staff reserves the right to edit or rewrite all copy submitted when necessary. All photos are U.S. Air Force photos unless otherwise stated.

Submit all advertising to the Columbus, Miss., Commercial Dispatch advertising department one week prior to desired publication date. The advertising department can be reached at (662) 328-2427.

Uniform board to release AFI updates

WASHINGTON — An update to Air Force Instruction 36-2903, Air Force Uniform Dress and Appearance, will soon be released, said Air Force officials.

A key feature of this updated instruction will be the return of heritage to the enlisted corps — chevrons on the sleeves and circles around the U.S. insignia.

“Over the years, we’ve made changes that made sense at the time, but had the effect of moving us away from our heritage,” said Air Force Chief of Staff Gen. T. Michael Moseley. “Chevrons on sleeves and circles around the U.S. insignia are historical symbols of the finest noncommissioned officer corps on the planet. We need to return that heritage to them and reconnect them to the great NCOs who went before them.”

The circle around the U.S. was eliminated in 1991, said Senior Master Sgt. Dana Athnos of the Air Force Uniform Board.

“Yet, every uniform board since received requests to return that to the enlisted force, so it has been done,” she said. “Wearing the circle on the lapel has a lasting heritage that dates back to April 27, 1918.”

The change will include the removal of senior NCO shoulder boards from the blue uniform and from all upper garments, except the optional wool sweaters. Implementation dates will be reflected in the revised AFI.

The updates will also include information about the new air staff badge and new space badge. Desert combat uniforms are now only authorized on civilian flights to and from the area of responsibility. Also,

Air Force personnel are not authorized to wear desert boots with the battle dress uniform.

As a reminder, Oct. 1 marks the mandatory wear of physical training gear. All Airmen will be required to have one running suit, two T-shirts and two pair of shorts. Also beginning in October, enlisted Airmen will receive an increase in their clothing allowance to offset the increase of the mandatory number of T-shirts and shorts from two sets to three sets in October 2007.

Air Force officials emphasized that Airmen should not wait until October to purchase these items. The revised AFI will clarify wear of the PT gear by specifying that when doing organized PT, the shorts and T-shirts will be worn as a set and not mixed with civilian clothes; however, at other times the PT gear, to include the running suit, can be worn with civilian clothes.

More clarification will be provided about sister service badges, as well as cell phone use in uniform. New guidance about the wear of flight clothing also is incorporated in the updated document.

The new AFI will be available for all Airmen later this month.

“The Air Force Uniform Board, chaired by Air Force A1, reviews any matters related to Air Force uniforms involving possible improvements, and in turn, provides recommendations to the chief of staff for a final decision,” Sergeant Athnos said. “It’s a deliberate process that is focused on feedback from the field to better accomplish our mission.” *(Courtesy of Air Force Print News Service)*



Staff Sgt. Joseph Rimmer, 14th Operations Support Squadron, holds his son Joseph Jr. during the quarterly Welcome Home celebration Tuesday at the Columbus Club. Sergeant Rimmer returned from his deployed service in support of the Global War on Terrorism just one week before his son was born.

Senior Airman Cecilia Rodriguez

RECYCLE

(Continued from Page 1)

“There is no better tool to help implement our initiatives to the local community than 300-plus elementary students going home and informing their parents of their responsibilities to our environment and the importance of recycling.”

Quality Recycling Program personnel continuously assess pick up schedules and the recycling program to ensure efficiency. In 2005, the center recycled more than 1,520 tons and composted 32 tons of material.

One of the program’s many successful projects is the compost facility. The facility converts military family housing yard waste to compost, which is then made available to base personnel free of charge. Last quarter, the facility generated eight tons of compost.

“Our goal is eliminate more than \$10,000 in compost purchases,” Ms. Howell said. “We have also purchased a horizontal wood processor, which will significantly reduce the amount of wood debris the base takes to the landfill each year, primarily from storms. This purchase will potentially save more than \$50,000 in disposal costs.”

The processor will also provide ready-to-use mulch for base personnel.

“Columbus AFB’s QRP program is an example of the BLAZE Team’s commitment to our environment,” said Mike Smith, 14th Civil Engineer Environmental Flight Chief. We want to ensure our environment is sustained to be enjoyed for future generations.” *(Courtesy of the 14th Civil Engineer Environmental Flight)*

In Focus

Dana Young
14th Security Forces Squadron



Job Title: Training Unit Scheduler
Time at Columbus AFB: Since 2003
Total Government Service: 4 years
Hometown: West Point, Miss.
Family: Parents Al and Rose, sisters April and Christy
Favorite Musical Artist: Ashanti
Favorite Movie: A Bronx Tale
Pet Peeve: The sound of loud snoring
Bedside Book: The Coldest Winter Ever
Inspirations: My parents because they have taught me to strive for excellence in everything I do
Personal Motto: I can do all things through Christ which strengtheneth me, Philippians 4:13

Outdoor rec sports new rustic look

Senior Airman Cecilia Rodriguez
14th Flying Training Wing

The 14th Services Division Outdoor Recreation office celebrated the grand opening of its remodeled facility Tuesday.

“We wanted to make this more of a customer oriented, comfortable, relaxing, outdoor-type atmosphere for our customers on base,” said Joe Caldiero, Outdoor Recreation director.

The new cabin-themed facility sports rustic, porch-like furnishings, complete with an enclosed patio area that serves as the Information, Ticket and Travel office.

“The renovation allows us to provide a higher level of customer service,” Mr. Caldiero said. “Now that we have a separate ITT area, people can come in and sit down where it is quiet to schedule cruises and leisure travel. Before, there were desks in the main lobby; and while someone was trying to work on a cruise, someone else came in and wanted to rent equipment.”

The \$20,000 transformation began in March and took about two and a half months to complete.

“This was pretty much a self-help project except for a few details,” Mr. Caldiero said. “We didn’t even shut down operations during its completion. We worked out of our warehouse.”

Not only did the Outdoor Recreation facility receive a face-lift, but the training programs are scheduled for an upgrade, as well.

“Before, we used an old, outdated training video from the Coast Guard for the boater’s safety course,” Mr. Caldiero said. “Once we’ve completed the program upgrade, people will be able to take online courses such as the Mississippi State Boater’s Safety Course here on the desktop computers at the Outdoor Recreation office.”

The computers also feature training modules for children on topics such as water safety.

“We offer 11 different areas of service,” Mr. Caldiero said, “to include outdoor adventure programs, pool operations, equipment rental and loan, park and paintball operation, stables, base weight scales, ticket sales, tours and leisure travel. We’re more than just your standard Outdoor Recreation program. We’re a one-stop shopping venue.”



Senior Airman Cecilia Rodriguez

Brenda Carter, 14th Security Forces Squadron, registers for a chance to win a USAF Services Retiree Rewards trip for two to Hawaii at the Outdoor Recreation office Tuesday.

Air Force announces developmental education opportunities

RANDOLPH AFB, Texas — Air Force officers interested in 2007 developmental education opportunities must begin the application process in August.

A completed Air Force Form 3849, PME/AFIT/RTFB Officer Worksheet, and senior rater nomination are due by Aug. 18 for officers applying for the Olmsted Scholarship, White House Fellowship, Mansfield Fellowship or Information Assurance Scholarship programs.

The application process and program details, to include board convening dates, eligibility criteria and timelines are available on the Air Force Personnel Center’s Web site at http://ask.afpc.randolph.af.mil/docs/dpa/developed/de_info_web_screen.ppt.

Application packages should be sent no later than Oct. 31 to HQ AFPC/DPAFE, 550 C St. West, Ste. 32, Randolph AFB TX 78150-4734. Incomplete or late

packages will not receive consideration.

The Olmsted Scholarship Program provides an opportunity for Air Force officers to study in a foreign language at an international university abroad. The purpose of the program is to provide officers with an in-depth understanding of a foreign language and culture so they will be knowledgeable and sensitive to the viewpoints and concerns of people around the world as they progress in their Air Force careers. More information is available at www.olmstedfoundation.org/.

The President’s Commission on White House Fellows selects 11 to 19 citizens each year. The program’s purpose is to give highly motivated Americans an opportunity to gain firsthand experience in the process of governing the nation and a sense of personal involvement in the leadership of our society. Visit www.whitehouse.gov/fellows.

The Mansfield Fellowship Exchange Program allows a select group of federal employees to develop an in-depth understanding of Japan, learn how its government works and establish relationships with their counterparts in the Japanese government, business, professional and academic communities. For more information, visit www.mansfieldfdn.org/.

The Information Assurance Scholarship Program was established by the Department of Defense to increase the number of qualified personnel entering the field of information assurance to meet the increasing dependence on information technology for war-fighting and the security of its information infrastructure. For more information visit www.defenselink.mil/nii/iasp/dod_members-main.htm. *(Courtesy of Air Force Personnel Center News Service)*

Self-referral screenings

The 14th Medical Group provides screening mammograms to all eligible beneficiaries beginning at age 40 without a referral from their provider. People enrolled to a civilian provider only need to provide the name and contact information of that provider so the medical group staff can send them the report. Appointments are available from 8:30 a.m. to 2:30 p.m. To schedule a mammogram, call the Radiology Clinic at Ext. 2211.

The USAF and Life — Cultures of change

Lt. Col. Tony Marrazzo
14th Operations Support
Squadron commander



"Do you ever wonder why the rearview mirror is so small and the windshield is so large?"

I don't recall who coined this line during a recent conversation the other day, but I liked it so much that I passed it on to my family. It was a parallel of comparing past to present.

It seems obvious doesn't it? We are moving forward, sometimes at a very fast pace; so it makes sense that what is behind us is far less important than what is approaching and thus, warrants far less of our attention.

Yet, how many times have we found ourselves reveling in the way things used to be and complaining about change? I know I have done it countless times.

"We just got things working perfectly and that new person showed up and wants to propose changes," or "Here they go, trying to reinvent the wheel another time," or, "We did that 10 years ago and already proved it won't work."

Immediately, those of you historians and war planners begin thinking, we learn our lessons from the past and apply them to future operations and events. I fully agree the past is critical to how we tackle the future — it's similar to when we're driving and we head check over our shoulder and/or look into the rearview mirror before passing.

We need to understand past events, battles and exercises so we can apply the lessons learned and make it better for next time. However, if we spend too much time looking into the past, we may fail to give enough attention to future operations. This results in throwing things together at the last minute for a hasty, half-analyzed conclusion.

I can think of meeting after meeting where something was bearing down upon us, such as a major weather phenomenon, for example. Many individuals in the room decided to share their personal experiences about the event they survived one, two or several years ago, how it was similar, and why we have to do things differently.

While those experiences are great, often times individuals that share them are merely stating the pain and problems associated with those past events, rather than offering a viable solution to the problem at hand.

When we look to the past, it may be with the best of intentions or it may be simply to marvel at some great memory. Whatever the reason, focus is usually lost on the task at hand, distractions take over the planning phase, and ideas for improvement get stalled.

Likewise, similar things occur on the home front. As emotional beings, we sometimes let our feelings get the best of us; we don't want to change, forgive or move ahead with our new goals.

It is easier to associate with past events that have meaning than to venture into the future. Venturing into the future usually means dealing with the risk of some "unknown."

We are creatures of habit and don't like change. It is so much easier to carry a grudge than to forgive; easier to do the same old workout, even though we know it isn't helping us physically anymore, and it is almost always easier to say "no" to change because it may result in a risk that might leave us to be associated with failure or blame.

The Air Force is clearly a culture of change. This culture is thrust upon us every time we change jobs or move to a new base, participate in a new operation or develop a new plan. Likewise, life in recent years seems to change faster and faster.

"The only thing constant is change."

This phrase cannot be overemphasized enough in the Air Force and life in general. We can blame change on things like technology of course, but blaming doesn't solve our resistance to change.

In fact, it only makes it more complicated. Laying blame usually ends up in wasted time, loss of focus on the objective or your personal goals, and even hurt feelings, whether at home or in the workplace.

When you have a new project to tackle, look into your past to see if you have dealt with a similar situation before. Apply some of those past experiences to the new task at hand.

Regarding family, if a past emotional event is nagging you or a family member, get help to deal with it or find a way to let it go.

Next, take a moment to sit down and chart out your tasks and objectives. At home, sit down by yourself and then with each member of your family and discuss your plans and goals for the future.

By taking these first steps, you will establish a new focus for your job or life at home. Looking into the past will definitely help you find some lessons learned that you can apply to the new goals, but the majority of your efforts need to be focused on what is approaching you in the windshield, not on what is falling behind you in the rear view mirror.

"We need to understand past events, battles and exercises so we can apply the lessons learned and make it better for next time. However, if we spend too much time looking into the past, we may fail to give enough attention to future operations."

On the Street

What's the biggest change you've had to overcome?

Polish Air Force
1st Lt. Lukasz Piatek
50th Flying
Training Squadron



"Coming to the United States. Military training is similar, but flying is different; and the American lifestyle is completely different."

Senior Airman
Mark Parsons
14th Security
Forces Squadron



"Overcoming changes in the workplace."

Staff Sgt. Paige
Hargrave
8th Medical
Support Squadron
Kunsan AB, Korea



"The biggest change I've encountered in the military is adapting to different cultures overseas. It makes you much more aware of your surroundings."

Airman 1st Class
Daniel Choquette
14th Flying
Training Wing



"Military life. You don't get as much freedom and sometimes you've gotta put service before everything else."

Straight Talk Line

The Straight Talk Line is your direct line to the commander for comments and suggestions on how to make Columbus AFB better. The Straight Talk Line phone number is 434-7058. Callers should leave their full name and phone number to receive an answer. All names are kept confidential. Written questions may be dropped off at the public affairs office in the wing headquarters building, Bldg. 724. Questions and answers published in Silver Wings will be edited for brevity.

The toughest job after college...



...doesn't have to be finding one

What is AFROTC?

AFROTC is a 2- to 4-year program that produces officers to serve on active duty in the Air Force for a 4-year commitment

Who can join?

Students who:

- * Are pursuing a college education
- * Have a 2.0 grade point average or higher
- * Are in good physical shape
- * Are U.S. citizens
- * Have high moral values

What are the benefits of active duty?

- * \$38,000 starting salary
- * Free medical/dental coverage
- * 30 days vacation each year
- * 100% tuition assistance

What scholarships are available?

- * In-College Scholarship Program: Competitive program for any major
- * College Scholarship Program: High school seniors only

To learn more, visit www.afrotc.com



DET 425

Mississippi State University
Mississippi University for Women
(662) 325-3810



DET 432

University of Southern Mississippi
(601) 266-4468



DET 430

University of Mississippi
(662) 915-7166



DET 006

Jackson State University
(601) 979-1630

New OG commander brings wealth of warfighter experience

“The students that come out of here are going to be the future leaders of the Air Force. We need to instill that warrior mentality in them and produce the best pilots we can.”

Story by
Senior Airman Cecilia Rodriguez
14th Flying Training Wing

He is a command pilot with more than 5,200 hours in eight different aircraft. He was hand-picked for the B-2 Stealth Bomber Initial Operational and Evaluation Test Team where he played an integral role in developing the aircraft to improve its combat capability. During his tenure as the 393rd Bomb Squadron commander, his B-2 crews participated in the opening nights of Operation Enduring Freedom; one of which is responsible for flying the longest combat sortie in history — a 44.9-hour mission. Prior to assuming his present command, he served as Chief of the Strategy, Concepts and Doctrine Division, Headquarters Air Combat Command. This Air Force officer was destined to share his experience and warfighter knowledge with the leaders of tomorrow’s Air Force. Col. Eric E. Theisen assumed command of the 14th Operations Group at 8:14 a.m. June 28. Previously, he knew little about Columbus AFB aside from the BLAZE Team’s mission of training pilots. “I had been through the local area on a few cross-country sorties and stopped to eat lunch at the Little Kitchen; and I have friends who have gone through pilot training here, but that was about the extent of my knowledge of Columbus,” he said. Even though Colonel Theisen has not been a part of the Air Education and Training Command since his student pilot days at Vance AFB, Okla., he is no stranger to developing America’s Airmen. He has served as an instructor pilot in four different airplanes: the B-52, B-2, C-23 and now the T-6. “I’m anxiously awaiting the arrival of the T-6 so I can fly on a regular basis,” Colonel Theisen said with a smile. “The T-37 has been the venerable workhorse of training Air Force pilots for about the last 50 years; and as such, we know a lot about the airplane and are experienced in training students with it. Fortunately, the T-6 has 50 years advanced technology, and I think it’s going to be a much better training tool for the students.” As the 14th OG commander, Colonel Theisen is responsible for the training of U.S. Air Force and international officers using a fleet of three different aircraft and flight simulators. His command



Melissa Wooley
Col. Eric E. Theisen, 14th Operations Group commander, addresses the audience during the group change-of-command ceremony June 28.

includes six squadrons and more than 1,000 officers, civilians, enlisted Airmen and contractors. “My leadership style is fair, but firm,” he said. “I like to give my commanders the leeway to run their organizations. I don’t like to interfere with programs that are running correctly; but if there are problems, I like to take care of those problems as soon as they come up, as well as take care of the people.” While in command of the 14th OG, Colonel Theisen’s goal is to maintain the BLAZE Team safety culture while continuing to produce the best pilot warriors for the Air Force. “The students that come out of here are going to be the future leaders of the Air Force,” he said. “We need to instill that warrior mentality in them and produce the best pilots we can. Once they graduate and go on to their next training program, they could find themselves in Iraq or worldwide supporting the Global War on Terrorism; so we need to continue to instill the kind of values they need to fulfill that mission.”

All-you-can-eat lunch buffet: The Columbus Club offers a different buffet from 11 a.m. to 1 p.m. Tuesday through Friday. Cost is \$5.50 per person and includes iced tea and dessert. Tuesday’s buffet includes meatloaf, Southern fried pork chops, mashed potatoes and gravy, black-eyed peas, a garden green salad, oven baked rolls and apple pie. Wednesday’s buffet features fried chicken, smoked brisket, all the sides and home-made cobbler. Thursday’s backyard barbecue comes with pork ribs, chicken wings, corn, potato wedges, cole slaw, Texas toast and assorted puddings. Friday’s buffet features fried catfish, country fried steak with gravy, corn, cole slaw, garden green salad, hush puppies, seasoned new potatoes and assorted home baked cakes.

Summer Strike Force ends July 31: Customers have until July 31 to submit their punch card entries for the Summer Strike Force drawing for \$500 cash. For more information, call Ext. 2426.

Crafts classes: The arts and crafts center’s upcoming classes feature seasonal projects. Adult classes are at 10:30 a.m., 2:30 p.m. and 6:30 p.m. Tuesdays. Upcoming classes include how to make floral book marks, a mosaic votive holder, a welcome sign for a gate or garden area, or a stars and stripes planter.

Youth classes are offered Wednesdays at 11:30 a.m., 2:30 p.m. and 4:30 p.m. Upcoming classes include how to make a decorative chalk board, placemats, brick bookends, bug clips for chips, puzzle people pins or magnets or a miniature bird bath. A display of all projects is available in the arts and crafts lobby. Participants must register at least four days prior to the class date. Call Ext. 7836 for more information.

Collection Expo: The youth center invites all collectors ages 9 to 18 to share their trading cards, rocks, stamps, stuffed animals and other collections at the Collection Expo from 2 to 4 p.m. July 29. For more information, call Ext. 2504.

Summer day camp: The youth center offers this program for youth who have completed kindergarten through sixth grades. Camp is from 7 a.m. to 6 p.m. Monday through Friday. Cost is based on total family income. Activities include

swimming, field trips, arts and crafts, sports and more. Call Ext. 2504 for more information.

Bowling center special: The bowling center offers 50-cent bowling all day Monday, Tuesday and Wednesday during the summer. Patrons who purchase a combo meal from 11 a.m. to 2 p.m. can bowl for 50 cents a game with free shoe rental. Call Ext. 2426.

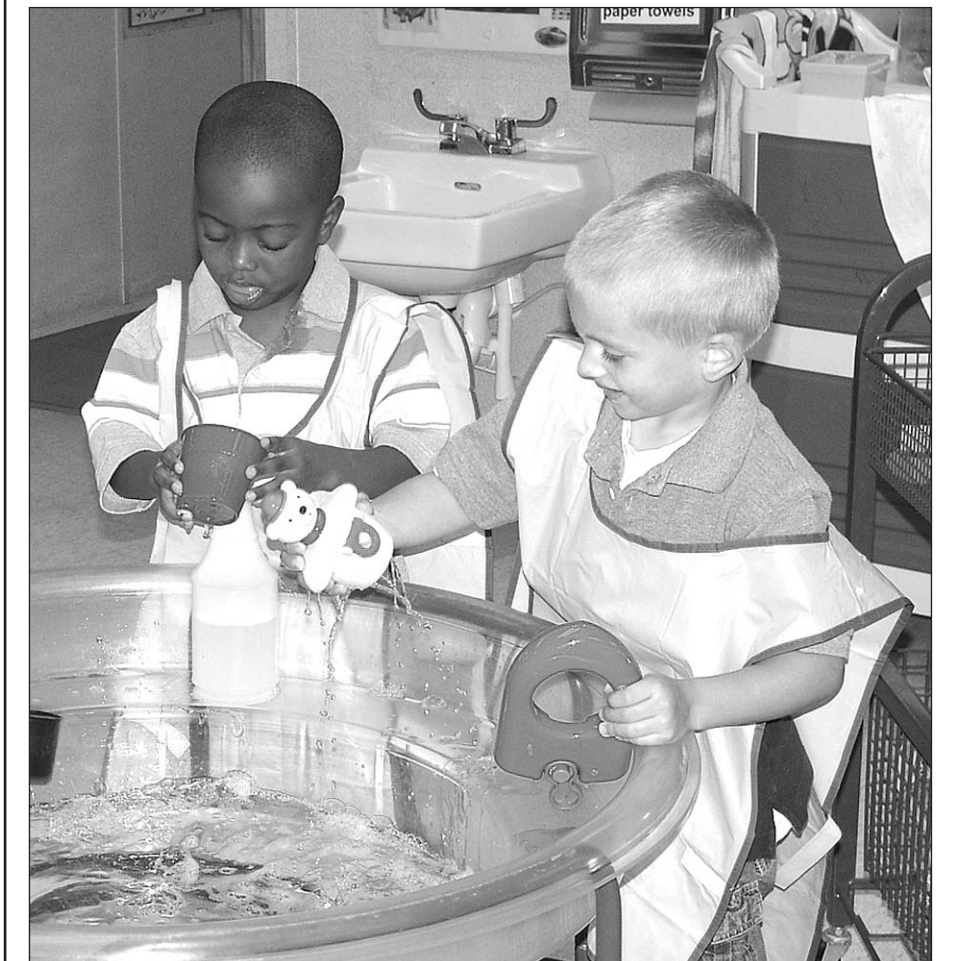
Oil change special: The auto hobby shop offers an oil change and tire rotation for \$26. Customers can add a tire balance for a total of \$40. Call Ext. 7842 for an appointment.

Beginners scuba class: Register at Outdoor Recreation for the beginners scuba course from 5:15 to 9:15 p.m. Aug. 14, Aug. 17, Aug. 21, Aug. 24, Aug. 28 and Aug. 31. Cost is \$300 per person and includes all water and classroom instruction, swim tests, wet suits, local air, pool time and transportation to Blue Water Dive School for final certification dives Sept. 9 and Sept. 10. Lodging and air for the final two days certification dives is not included. There must be at least four but no more than 12 people registered to offer the class. Call Ext. 7861 for more information.

Florida golf trip: The information, ticket and travel office offers a trip to Ft. Walton Beach, Fla., Sept. 22 to Sept. 24 for a weekend of golf. Cost is \$165 for Whispering Pines annual greens fee card holders and \$180 for nonmembers. Cost includes transportation, two nights lodging and two rounds of golf at Eglin AFB. The bus will depart at 10 a.m. Friday and return late Sunday afternoon. A non-refundable 50-percent deposit is required when registering. For more information, call Ext. 7861.

Saints football trips: The information, ticket and travel office offers one and two night trips to all New Orleans Saints home games. Cost is based on double occupancy and includes transportation, shuttle service, game ticket and accommodations. One night trips are \$125 per person and two night trips are \$175 per person. Upcoming one night trips are Sept. 25 against the Atlanta Falcons, Oct. 8 against the Tampa Bay Buccaneers, Oct. 15 against the Philadelphia Eagles, Oct. 29 against the Baltimore Ravens, Dec. 3 against the San Francisco 49ers, and Dec. 17 against the

Aquatic amusement



Pam Wickham

Kai Lee, 4, and Devin Clapsaddle, 3, take part in the water play experience at the child development center. The center is now registering children for its upcoming part-day preschool programs for ages 2 and ages 3 to 5; and full-day kindergarten prep program for ages 4 to 5. Fees are based on total family income. For more information, call Ext. 2441.

Washington Redskins. The two night trips are Nov. 19 against the Cincinnati Bengals and Dec. 31 against the Carolina Panthers. For more information, call Ext. 7861.

White Water Rafting trip: The outdoor adventure program offers this trip Sept. 2 through Sept. 4 on the Ocoee River. Cost is \$115 per person and includes transportation, river trip, two nights lodging and two meals. Call Ext. 7861.

Base Photography Contest: Entries for this contest are due Oct. 5 at the arts and crafts center. The competition is divided into two age groups: adult and youth (ages 17 and younger). There are four groups with five categories of competition for both age groups. Groups are: monochrome prints, color prints, color transparencies and digital photos.

Categories are: military life, people, nature/scenic, creative effects and computer imaging and enhancement. Call Ext. 7836 for more information.

Artist craftsman contest: Entries are due Sept. 21 for this contest at the arts and crafts center. There are two age groups: adult and youth (ages 17 and younger). Categories of competition are: fine art, textile art, industrial art and multicrafts/pattern art. For more information, call 7836.

New classes: New tap, jazz, ballet and gymnastic class schedules are now posted at the youth center. Dance and gymnastics registration is from 6 to 7 p.m. July 31 at the youth center. For more information, stop by the center or call Ext. 2504.

SUPT Class 06-12 earns silver wings

T-1A Jayhawk

T-38C Talon



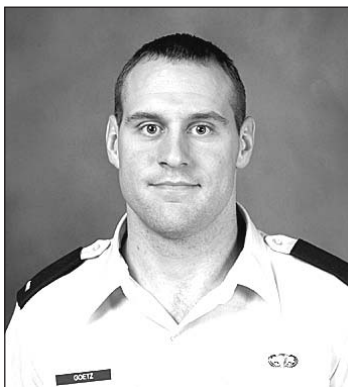
1st Lt. Derrick Baker
Brandon, Fla.
KC-135, McConnell AFB, Kan.



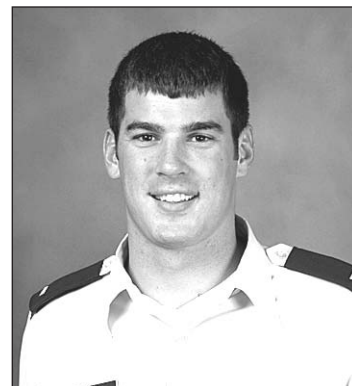
1st Lt. Tanner Betsinger
Lusk, Wyo.
KC-135, Fairchild AFB, Wash.



1st Lt. David Dreyer
Laurel, Mont.
T-6, Columbus AFB, Miss.



1st Lt. Charles Goetz
Oviedo, Fla.
B-52, Barksdale AFB, La.



1st Lt. Jeffrey Moss
Wilbraham, Mass.
C-17, Charleston AFB, S.C.



1st Lt. Andrew Stein
Oregon, Wisc.
C-21, Scott AFB, Ill.



1st Lt. Robert Switzer
Tucson, Ariz.
KC-135, Grand Forks AFB, N.D.



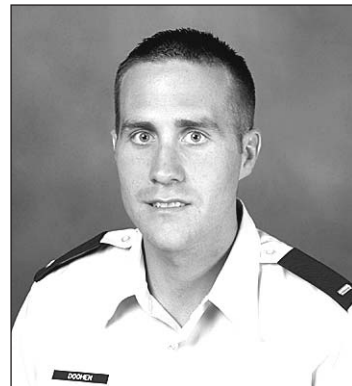
1st Lt. Correa Tombon
Dakar, Senegal
Fokker F-27, Senegal



2nd Lt. James Adair
Savannah, Ga. (ANG)
C-130, Savannah, Ga.



2nd Lt. Ethan Diamante
Ripley, Miss.
C-21, Ramstein AB, Germany



2nd Lt. Jeremy Doohen
Sioux Falls, S.D. (ANG)
F-16, Sioux Falls, S.D.



2nd Lt. Mitchell Ehresman
Lakeville, Minn.
KC-135, Mildenhall AB, United Kingdom



2nd Lt. Erick Handegard
West Fargo, N.D.
T-37, Columbus AFB, Miss.



2nd Lt. Beau Provost
Cape Elizabeth, Maine
F-16, Luke AFB, Ariz.

Eighteen officers have prevailed during a year of training, earning the right to be an Air Force pilot.

Specialized Undergraduate Pilot Training Class 06-12 graduates at 9 a.m. today during a ceremony at the Columbus Club.

The graduation speaker is Brig. Gen. Steven R. Doohen, Assistant Adjutant General for Air for the State of South Dakota. He is responsible to the Adjutant General for the operational readiness of the South Dakota Air National Guard and the unit's ability to perform its federal and state mission. General Doohen is a command pilot with more than 4,500 hours of tactical flight time in the F-100, A-7 and F-16 aircrafts.

Students receive their silver pilot's wings at the ceremony, and students who excelled in their respective training tracks are recognized.

Second Lt. Beau Provost, T-38, and 1st Lt. Andrew Stein, T-1, received the Air Education and Training Command Commander's Trophy for being the most outstanding students overall in their classes.

The Air Force Association Award was presented to 1st Lts. David Dreyer, T-38, and James Campbell, T-1. The award is presented to a graduate in each flight who excelled in training and typified the tenets of the association — promoting aerospace power and a strong national defense.

Lieutenants Provost and Stein were named distinguished graduates.

The 52-week pilot training program begins with a six-week preflight phase of academics and physiological training to prepare students for flight.

The second phase, primary training, is conducted in the twin-engine, subsonic T-37 Tweet. Some complete this phase in the sin-



gle-engine, turboprop T-6A Texan 2 at Moody AFB, Ga. Students learn aircraft flight characteristics, emergency procedures, takeoff and landing procedures, aerobatics and formation flying.

Students also practice night, instrument and cross country navigation flying.

Primary training takes about 23 weeks and includes 254.4 hours of ground training, 27.3 hours in the flight simulator and 89 flying hours.

After primary training, students select, by order of merit, advanced training in the fighter-bomber or airlift-tanker track.

Both tracks are designed to best train pilots for successful transition to their follow-on aircraft and mission.

Advanced training for the fighter track is done in the T-38 Talon, a tandem-seat, twin-engine supersonic jet. T-38 training emphasizes formation, advanced aerobatics and navigation.

Training takes about 26 weeks and includes 381 hours of ground events, 31.6 hours in the flight simulator and 118.7 flying hours.

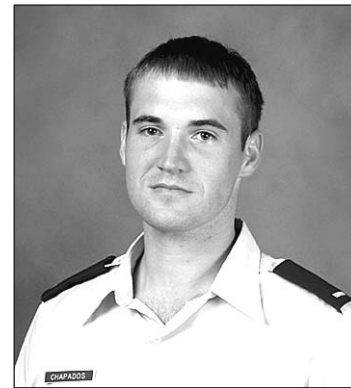
The airlift-tanker track uses the T-1A Jayhawk, the military version of a multi-place business jet.

Instruction centers on crew coordination and management, instrument training, cross-country flying and simulated refueling and airdrop missions. Training takes about 26 weeks and includes 185 hours of ground training, 43 hours in the flight simulator and 104 flying hours.

The class reunites on graduation day, when students receive the aeronautical rating of pilot and begin their careers as U.S. Air Force pilots. (**Editor's note:** *Cadence Bank and Baptist Memorial Hospital.*)



1st Lt. James Campbell
Kalamazoo, Mich.
C-17, Travis AFB, Calif.



1st Lt. Michael Chapados
Richland, Wash.
F-16, Luke AFB, Ariz.



1st Lt. Christopher Ibsen
Boulder, Colo.
C-5, Dover AFB, Del.



1st Lt. Lindsey Jackson
Oak Harbor, Wash.
C-17, McCord AFB, Wash.

Chapel Schedule

Catholic

Sunday:
8:15 to 8:45 a.m. — Confessions
9:15 a.m. — Mass
4:30 to 5 p.m. — Confessions
5:30 p.m. — Mass
Monday through Thursday:
11:30 a.m. — Mass
Thursday:
6 p.m. — Choir practice

Protestant

Sunday:
9 a.m. — Sunday School
10:45 a.m. — Traditional worship
service at the chapel with a fellowship
luncheon every fourth Sunday of
the month
Thursday:
5:30 p.m. — Choir practice

For more information on Bible studies
and other programs, call the chapel at
Ext. 2500.

Family Support Center

***(Editor's note: All activities are offered
at the Family Support Center unless otherwise
specified. For more information about any of
the activities listed, call Ext. 2790.)***

Free computer workshops

The Family Support Center and East
Mississippi Community College Work
Force Development offer Introduction to
Computers from 2 to 4 p.m. and Microsoft
PowerPoint from 4:30 to 6:30 p.m. Aug. 14
through Aug. 30. All workshops meet
Monday and Wednesday for three weeks.
Seating is limited.

These programs are offered at no cost
to active duty, retirees, family members or
contractors. If the base network control
center offers the same workshop, active-
duty members must attend the NCC
workshop. To register or for more infor-
mation, call Ext. 2790.

Sponsorship training

A workshop designed for all unit intro-
duction monitors is at 9 a.m. Tuesday.
Training includes the importance of
effective sponsorship and resources avail-
able for both sponsors and newcomers.

Hearts Apart social

A social gathering for families of per-
sonnel deployed or remote for more than

30 days is from 5:30 to 7:30 p.m.
Thursday. Information, refreshments and
prizes are provided.

Single Parents Group

The monthly Sing Parents Group social
is at noon Aug. 2 in the Columbus Club
Happy Lounge. For more information,
call Ext. 2631.

Resumes

A workshop about different types of
resumes and how to write one effectively
is from 9 to 10 a.m. Aug. 3.

Local employment

A workshop about employment oppor-
tunities with local businesses, the 14th
Services Division and government appli-
cations is at 1 p.m. every Wednesday.
Resumes and other job applications will
also be discussed.

Base Notes

Legal Office hours change

The Columbus AFB Legal Office legal
assistance hours have changed. Appoint-
ments are available from 10 to 11 a.m.
Tuesdays and 1 to 3 p.m. Thursdays.
Limited appointments for wills only are
available from 10 to 11 a.m. Wednesdays
and 9 to 10 a.m. Fridays. Notary hours
are Mon/Wed/Fri from 9 to 11 a.m.
Monday, Wednesday and Friday, and 1 to
4 p.m. Tuesday and Thursday. Claims
will continue to be handled on an
appointment basis and can be scheduled
at Ext. 7031. For more information or to
schedule a legal assistance appointment,
call Ext. 7030.

9-1-1

The only number BLAZE TEAM
members should use to make emergency
calls is 9-1-1. When dialing 9-1-1 from
base phones and cell phones, callers
should make sure to state their exact
location. By following these instructions,
all emergency calls will be forwarded to
the Columbus AFB Fire and Emergency
services E-911 center. Columbus AFB
Fire and Emergency Services maintains
two dedicated E-911 lines to handle
emergency responses.

ACT

The Education Services Flight will offer
the ACT college admissions test for mili-
tary personnel from 8 a.m. to noon Aug.
30. Seats are limited. To reserve a seat for
this testing session, call Ext. 2562.

International flavor



U.S. Air Force Photo

Second Lt. Yefferson Vera Escobar, 1st Lt. Ronald Castillo and 2nd Lt. Eduardo Torres are congratulated by 2nd Lt. Marco Rodriguez for finally getting him into the pool at a barbecue dinner for Columbus AFB international student pilots. Sharon Garriga, sponsor coordinator for the International Military Student Office, is in search of civilian and military families willing to open up their homes and lives to host an international student during their extensive training at Columbus. For more information, e-mail Ms. Garriga at segsky2000@yahoo.com.

New Thrift Shop hours

The Thrift Shop, located at Building
345, C Street, is open from 9 a.m. to
1 p.m. Thursdays. Consignments are
accepted until noon. Volunteers are wel-
come. For more information, call 434-
2954.

Making good choices

The Sexual Assault Response
Coordinator hosts "Making Good
Choices," a sexual assault prevention dis-
cussion for parents and teens, at 5 p.m.
July 28 at the youth center gym. Participants
will learn about the dangers
and realities of rape and date rape drugs,
and how to make good choices to stay
safe. For more information, call the
Sexual Assault Response Coordinator at
Ext. 1130 or Ext. 2875.

Massachusetts ANG

The 104th Fighter Wing invites serv-
icemembers separating from the Air
Force to become a member of the
Massachusetts Air National Guard. As
traditional guardsmen in the only fighter
wing in Massachusetts, Airmen may

qualify for a \$15,000 enlistment bonus or
take advantage of free college tuition
and fee waiver at any of the state col-
leges and universities -- Massachusetts
residence is not a requirement. To learn
more about this incentive and other ben-
efits, call (800) 247-9151 or DSN 698-
1567; or e-mail recruiting@mabarn.
ang.af.mil.

Congrats reenlistees

The 14th Flying Training Wing
congratulates the most recent
Air Force reenlistees:

Tech. Sgt. Keith Houin, 14th
Flying Training Wing; **Tech. Sgt.
Bradley Younkman**, 14th
Operations Support Squadron;
Senior Airman Brian Marlett,
14th Security Forces Squadron;
and **Senior Airman Shawn
Arnett**, 14th Communications
Squadron.

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Make a good
first impression.

Respect your fellow
riders – no matter what
they ride.



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(800) 446-9227



Circus: The Ringling Brothers Barnum & Bailey circus is today through Sunday at Humphrey Coliseum at the Mississippi State University Campus in Starkville, Miss. The event features an all-access preshow party available to ticket holders at no extra charge. Participants will have the opportunity to mingle with performers, learn about the animals from experts, receive autographs and even watch an elephant paint.

Discounted performances are at 11 a.m., 3 p.m. and 7 p.m. Saturday; and at 2 p.m. Sunday. Tickets are \$29 for VIP floor seats, \$19 for first price level and \$14 for second price level. Military personnel and their family members receive a \$5 discount. Tickets can be purchased in person from 8:30 a.m. to 4:30 p.m. at the Mississippi State Athletic Ticket Office in Bryan Building on Lakeview Road (adjacent to the Humphrey Coliseum).

Tickets are issued for the best available seats at the time of purchase, on a first come-first served basis. Discounts are not available on VIP floor seats and cannot be combined.

Children who have reached their second birthday require a ticket. Full price tickets are available at the Humphrey Coliseum or www.ticketweb.com. Tickets can be purchased the day of the show at the Humphrey Coliseum Gameday ticket office. For group discount information, call Dixieland Group Tickets at (888) 770-1876 or e-mail dixiegroups@bellsouth.net. Visit www.ringling.com.

Bernheimer House Murder Mystery Dinner: This event features a different mystery each month and is available to groups in Port Gibson, Miss. For more information, call (601) 437-2843 or visit www.bernheimerhouse.com.

Fan Drive: People can donate new fans to Helping Hands from 8:30 a.m. to 3:30 p.m. Monday through Friday at 215 Fourth Street North to families and individuals in need this summer. For safety purposes, please only donate new fans.

High school exchange program: The Cultural Academic Exchange, Inc. seeks families in the Golden Triangle area to host high school foreign exchange students. For more information, contact the Columbus Community Volunteer Center at 327-0807 or e-mail volunteercenter@cableone.net.

Free WWE tickets: Armed Forces Entertainment has teamed with WWE to offer free tickets to active-duty military members for all WWE events. Airmen need only arrive at the venue the day of the show and present an active-duty military ID at the ticket counter for free admission. The offer is only available to military members, not dependents.

SummerSlam & Smackdown present WWE's Biggest Party of the Summer! at 7 p.m. Aug. 6 in Jackson, Miss., and at 7 p.m. Aug. 7 in Tupelo, Miss. For a complete list of upcoming WWE events, visit www.wwe.com/schedule/events/.

BARGAIN LINE

Bargain Line advertisement

The Bargain Line is free for all military members (including guard and reserve members), DOD civilians, military retirees, family members and contract employees.

Bargain Line advertisements must be turned in to the Silver Wings office in the 14th Flying Training Wing headquarters building by noon Monday to be included in the following week's issue. Late ads will be held over for the next issue.

Reruns must be phoned in to the Silver Wings office, 434-7068, by noon Monday for inclusion in the next week's issue. Please do not re-submit ads for rerun on this form. Advertisements should contain a home phone number, home address or both. Duty phone numbers will not appear in the ads.

Advertisements for private businesses or services providing a continuous source of income, such as baby-sitting or rental property, may not appear in the Bargain Line. They may, however, be purchased through the Silver Wings publisher, 328-2424. Please fill out this form completely. The Silver Wings staff reserves the right to edit ads as necessary.

Type of advertisement (circle one) Home Transportation Miscellaneous Yard sales Pets

Print advertisement _____

Name _____

Home Telephone # _____ Duty Telephone # _____
(in case we need more information)

Please let us know what you think of the Silver Wings:

Are you happy with the Silver Wings? Yes ☐ No ☐

What would you like to see more of in the newspaper? News ☐ Sports ☐ Photos ☐ Other _____

If you would like to give any other suggestions, please e-mail us at silverwings@columbus.af.mil.

Comm Squadron Conquest



Senior Airman Cecilia Rodriguez

Nathan Smith, 14th Communications Squadron, sends one soaring to the outfield during an intramural softball game against the 14th Medical Group Wednesday evening. By the time the game was called due lightning, the 14th CS had taken a commanding 16-2 lead.

Sports Shorts

Flag football officials

The 14th Medical Group Family Practice Clinic will conduct sports and camp physicals Aug. 12. To make an appointment, call the clinic at Ext. 2273 or visit www.tricareonline.com and select the visit reason "school physicals."

British Open Pick

The next pick tournament is the British Open Pick Saturday and Sunday. Participants must pick their pro by 9 a.m. Saturday. Golfers can pick a pro competing in the British Open, and match the player's score with their's (including handicap), and the lowest net score wins. Entry is \$10 plus greens fees. Call Ext. 7932 for more information.

Thursday Scrambles new time

Whispering Pines Golf Course offers these weekly scrambles at 5:30 p.m., but golfers must register by 4 p.m. to participate. Entry is \$5 per person plus greens fees. All levels of golfers are invited to attend this nine-hole tournament every Thursday. For more information, call Ext. 7932.

Fall soccer and flag football

Parents can register their children for these sports now through Aug. 18 at the youth center. Cost is \$30 per child. The seasons end Oct. 21. Coaches are always needed. For more information, call the youth center at Ext. 2504.

Par 3 golf tournament

The Whispering Pines golf course offers this tournament at 8 a.m. July 29. The course will be designed so that each hole is a par 3. The lowest net score wins. Entry is \$15 plus greens fees. Registration is required by 3 p.m. July 28. Call Ext. 7932.

Fall golf league

A coaches meeting for the fall golf league is at 4:15 p.m. July 28 at Whispering Pines Golf Course. The season will begin Aug. 8. Games will start at 4 p.m. Tuesdays. If there are more than nine teams, the league will play Mondays as well. To participate or for more information, call Ext. 7932.

Mixed Scramble

Couples are invited to enter this tournament scheduled for 8 a.m. Aug. 12 at Whispering Pines Golf Course. Entry is \$80 per couple and includes greens fees, golf cart, prize fund, beverages and lunch on the patio. Registration is required by Aug. 12 at the golf pro shop. For more information, call Ext. 7932.

Beginners scuba class

A beginners scuba course is from 5:15 to 9:15 p.m. Aug. 14, Aug. 17, Aug. 21, Aug. 24, Aug. 28 and Aug. 31. Cost is \$300 per person and includes all water and classroom instruction, swim tests, wet suits, local air, pool time and transportation to Blue Water Dive School for final certification dives Sept. 9 and Sept. 10.

Lodging and air for the final two days certification dives is not included. Class is limited to a minimum of four people and a maximum of 12 people. To register visit Outdoor Recreation; or for more information call Ext. 7861 or Ext. 2507.

Cholesterol levels can kill

Heart disease is the No. 1 killer of men and women in the United States. Each year, more than a million Americans have heart attacks and about half a million people die from heart disease.

A person's blood cholesterol level has much to do with his or her chances of getting heart disease. The higher a person's blood cholesterol level is, the greater the risk for developing heart disease or having a heart attack.

When there is too much cholesterol in a person's blood, it builds up in the artery walls. Over time, this build up causes "hardening of the arteries" so that arteries become narrowed and blood flow to the heart is slowed down or blocked.

The blood carries oxygen to the heart, and if enough blood and oxygen cannot reach the heart, it causes chest pain. If the blood supply to a portion of the heart is completely

cut off by a blockage, the result is a heart attack.

There are certain factors affecting cholesterol levels that a person has no control over:

Age and gender: As women and men get older, their cholesterol levels rise. Before the age of menopause, women have lower total cholesterol levels than men of the same age. After the age of menopause, women's LDL levels tend to rise.

Heredity: Your genes partly determine how much cholesterol your body makes. High blood cholesterol can run in families.

A variety of other factors you CAN control also affect cholesterol levels:

Diet: Saturated fat and cholesterol in a person's diet increases the blood cholesterol level. Saturated fat is the main culprit, but cholesterol in foods also matters.

Reducing the amount of saturated fat and cholesterol in your diet will help lower your blood cholesterol level.

Weight: Being overweight is a risk factor for heart disease. It also tends to increase a person's cholesterol. Losing weight can help you lower your LDL (bad) and total cholesterol levels, as well as raise your HDL (good) cholesterol and lower triglyceride levels.

Physical activity: Not being physically active is a risk factor for heart disease. Regular physical activity can help lower bad and raise good cholesterol levels. It also helps you lose weight. People are encouraged to be physically active for 30 minutes on most, if not all, days.

For more information about how to lower cholesterol levels, call the Health and Wellness Center at Ext. 2477. *(Information courtesy of the National Institutes of Health)*